KluppluZ's diagnostics and treatment are aimed at helping children aged 2 to 12, their parents, and caregivers to better understand development and behavior. We investigate the underlying causes of specific behavior and how we can best support the child and their environment.

Do you have a question?

Curious whether one of our services suits you? We're happy to help.

Get in touch with us or visit our website for more information.

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Diagnostics and treatment

Our target group

Our target group consists of children aged 2 to 12 (and their parents). These children exhibit behaviour characteristics in one or more developmental areas:

- Children who need extra support to develop in a way that matches their age and potential;
- Children who experience challenges in their interactions with other children or adults;
- Children who find it difficult to make themselves understood or struggle to understand others;
- Children who require support with playing, learning, and concentrating;
- Children who struggle to understand or regulate their feelings and emotions;
- Children who are easily overstimulated and benefit from extra structure or support.

Diagnostics

At KluppluZ, we look at the complete picture surrounding a child. We conduct broad developmental assessments focused on the neurobiological development of children. In doing so, we look not only at characteristics or potential disorders such as ADHD or autism, but primarily at how a child thinks, feels, and responds to the world around them. We look beyond a diagnosis and are cautious with labels where they are not needed.

Diagnostic assessments are conducted in a low-stimulus diagnostic room at one of our offices: in Arnhem or Eindhoven. Part of this assessment may involve administering a test within the school or childcare setting (a safe environment for the child). In principle, parents are not present in the diagnostic room, unless this benefits the assessment. Additional observations can take place at home, at school, or at the childcare facility.

Treatment

The treatment provided by KluppluZ takes the form of psychoeducation. Psychoeducation can be offered both individually and in a group setting. By explaining where behavior comes from and why a child reacts differently, understanding and trust are created. For schools, childcare centres, and other involved professionals, this provides valuable practical tools for guiding the child. For parents, this often marks the beginning of an important process of recognition and acceptance.

How we work

Together with the child, parents and referrers, we guide the whole process. We believe in the power of working together.

Step 1 – First contact
We clarify the support request. An intake meeting with the educational psychologist follows, based on a number of questionnaires.

Step 2 – Diagnostic assessment
The assessment consists of observations, conversations with the child, parents and professionals, questionnaires, the administration of test materials, and an assessment report, which is discussed during the advice meeting.

Step 3 – Advice
We draw up advice and practical tools for parents, school and/or others involved in the child's network. Where the child's age allows, we ofcourse involve the child too. When a diagnosis is made, our starting point is to offer a number of treatment sessions in the form of psychoeducation.